

# Genea's AMH testing services explained

## What is an AMH test and when is it useful?

Anti-Mullerian Hormone (AMH) measurement in the female is directly related to her ovarian reserve. The relationship of AMH to ovarian reserve in the normal female population follows the fertility profile with advancing age. The clinical usefulness of AMH is in assessing whether the patient's AMH result is outside the normal limits for her age. This provides insight as to whether your patient is aligned to their fertility age and how different the AMH result is from the norm.

## Why choose Genea for AMH testing?

At Genea we bring together our knowledge on infertility and pregnancy management to assist you in providing your patients the latest scientific advances and their application to clinical management. Unlike other IVF providers, here at Genea, we have developed a normal range for AMH based only on patients that have naturally conceived – resulting in a much more meaningful result for you and the patient. When using the AMH age related graph (see flip-side) you will be able to assess how your patient compares to a normal fertile population. There is now no longer a need for one to assume that low results only occur in older women or high results are better than low.

## How do I ensure my requested AMH test is conducted by Genea?

To ensure the AMH test you request is conducted using our technology, please use one of the following options to ensure the specimen is dispatched to us:

### ***Genea Pathology Request Form:***

The preferred method is to use a Genea Pathology Request Form, requesting "AMH" and have your preferred pathology provider forward the specimen to us. Please contact us on (02) 9229 6444 to obtain these forms.

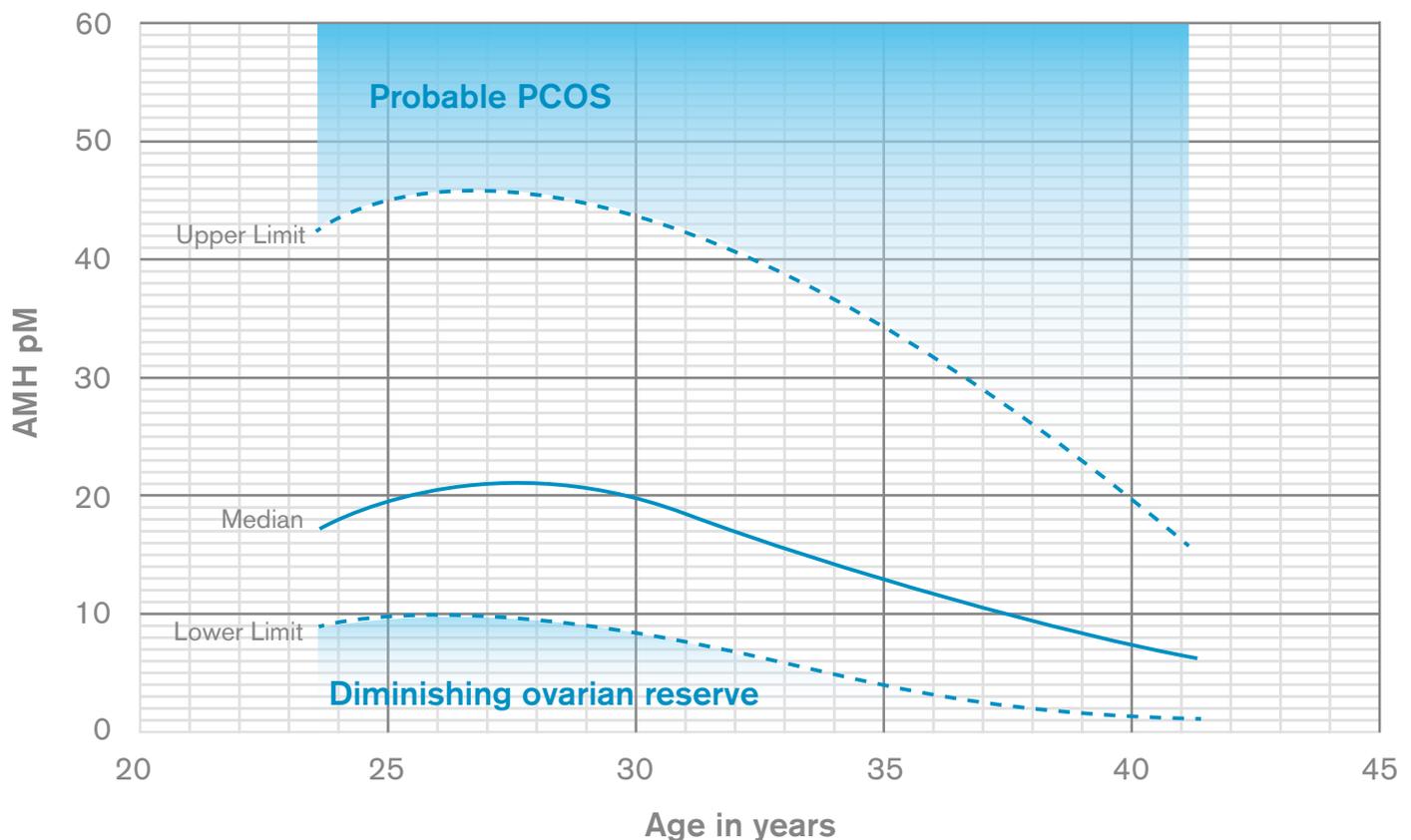
### ***Generic Pathology Request Form:***

If using a request form from your preferred pathology provider, most pathology providers will honour your request and dispatch the samples to us by simply indicating clearly on the form: "AMH send to Genea ONLY".

Your patient can have their blood collected at one of our metropolitan Genea clinic sites. Please ensure they ring ahead for an appointment on (02) 9229 6444 and bring a completed pathology request form with them.

# Interpreting Anti-Mullerian Hormone (AMH) test results for your patients

AMH Age Relationship Reference Range\*  
based on natural conception patients



\* Guideline only. Statistical analysis on data from patients who conceived naturally